

**LAKE COUNTY JAIL
MENTAL HEALTH SERVICES
2014 ANNUAL REPORT**

Mental Health Services within the Lake County Jail consists of two full time mental health consultants and a psychiatric prescriber for medication management. Mental Health Services within the Lake County Jail play an integral role in maintaining safety and stability of inmates. This includes symptom management, maintaining safety precautions, crisis intervention, linkage and referral and ongoing support.

Throughout 2014, mental health consultants received 1,926 referrals. These referrals often come from inmates themselves but can also come from corrections staff and other entities outside of the jail. The majority of referrals came from inmate requests and corrections staff. Referrals are made for a number of reasons, primarily requests to see and talk with the mental health consultant and to obtain medication.

Psychiatric prescribers rotated in a quarterly schedule and included psychiatrists to psychiatric advanced nurse practitioners. The prescribers saw 182 different people 329 different instances. The total number of consults was 15. There were five different individuals referred for emergency admission to a medical /psychiatric facility; one individual was referred twice. The mental health consultants saw 304 inmates throughout 2014.

Of the 304 inmates seen by the MHC's, only two individuals received no diagnosis. The primary diagnosis was mood disorders which can include various forms of Depression and Bipolar Disorder. A second common diagnosis is substance abuse or dependence. The most common substance was opioids and alcohol was second. Most often inmates were seen for both a mental health issue and substance use, more commonly known as a dual diagnosis. In addition, trauma was frequently found in many of those receiving mental health services.

Following is a list of outcomes tracked of inmates seen for mental health services in the jail. Many inmates (84%) entering jail requesting assistance have had no prior contact or irregular contact with mental health services. In addition, only a small percentage (27%) receiving treatment prior to jail were compliant with medications. Housing and employment also appear unstable.

Ongoing challenges for staff and inmates is providing long term effective treatment to reduce recidivism. Linkage and referral are crucial when developing discharge plans for those released back to the community. Mental Health staff continue to work collaboratively with the courts, probation, corrections, law enforcement, local hospitals and community agencies to provide the best treatment with sometimes limited resources.

2014 Lake County Jail Outcomes

Table 1	Pre Jail MH Tx	Table 5	Post Jail Agency Linkage
No services	119	Beacon Health	119
Irregular Services	135	Lake Geauga Center	2
Regular	46	Signature Health	23
Active Tx	2	Outside County	34
*****		Prison / Jail	17
Grand Total	302	Other	28

		Grand Total	223
Table 2	PreJail Housing Status		
Independent Living	32	Table 6	Discharge Planning
Living w/other	189	No discharge Plan	17
Supervised Living	12	Discharge Plan made	190
Treatment Facility	8	Emergency Admitted	7
Homeless Shelter	17	*****	
Prison	7	Grand Total	214

Grand Total	265		
Table 3	PostJail Housing Status	Table 7	Substance Abuse/Use
Independent Living	22	No Substance Abuse	50
Living w/ other	69	Substance Use	71
Supervised Living	4	Substance Abuse	123
Treatment Facility	12	Unknown	53
Homeless Shelter	4	4	1
Prison	20	*****	
*****		Grand Total	298
Grand Total	131		
Table 4	Medication Compliance	Table 8	Pre Jail Employment Status
Non Compliant	132	Employed	81
Med Compliant	50	Unemployed	129
Unknown	2	Unknown	78
No Meds Prescribed	120	*****	
Grand Total	304	Grand Total	288